# Drug Development & Delivery

October 2021 Vol 21 No 7

# Advances in Polymeric Drug Delivery

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# DEVICE DEVELOPMENT

### Selecting Drug Delivery Systems for Higher Doses, Higher Viscosities & Lower Risk

By: Nicolas Bralet and Megan Lan, MBA, MA

#### **INTRODUCTION**

The development of new parenteral biologics with high-volume, high-viscosity formulations (> 1 mL, >15 cP) is triggering the need for devices that can deliver these therapies with the ease, safety, and low injection time required for self-injection.<sup>1-3</sup> As these formulations come to market, pharmaceutical and biotech companies must make critical device choices from an array of largely unproven options.<sup>2</sup> The following discusses how companies can de-risk their device selection as they bring this new generation of high-volume, high-viscosity biologics to market.

#### IDENTIFYING SOURCES OF RISK IN COMBINATION PRODUCT DEVELOPMENT

Particularly risk-prone areas of combination product development involving a primary container and secondary packaging are performance and safety. Fundamental sources of risk include incompatibility with the drug or primary container, or failure to meet usability requirements. One consequence associated with poor selection of a new injection device could be missed regulatory milestones leading to a delayed launch and the associated lost revenue. A second consequence is the potential for high reject rates during development and industrial scale-up, potentially leading to higher costs or delays. Biopharmaceutical companies launching high-volume or high-viscosity formulations must adopt strategies and plan ahead to reduce these risks.

#### THE LIMITS & TRADEOFFS OF EXISTING SELF-INJECTION SYSTEMS

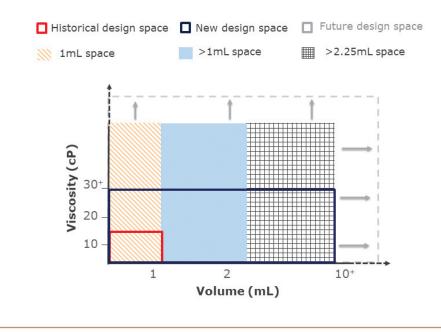
Autoinjectors and ergonomically optimized manual injectors are two delivery technologies often chosen for fixed-dose biologics given by self-injection. Some drugs are offered in both delivery formats, reflecting a variety of market needs and user preferences.<sup>4</sup> Auto and manual injectors each offer a different set of advantages and tradeoffs to end users and biopharmaceutical companies. Both technologies include ergonomic features that can mitigate challenges in delivering self-injections, such as high injection force, patient discomfort, and pain perception.<sup>1,4,5</sup> Both technologies also offer needle protection. Autoinjectors can help patients who lack the strength or dexterity to inject; however, not all autoinjectors are capable of delivering higher viscosities (>15 cP).<sup>4</sup> Manual injection systems allow users to control the speed of injection and may be able to handle higher viscosities, but they typically entail more steps for end users, and require greater force to operate, compared to autoinjectors.<sup>6-8</sup>

#### RECONCILING COMPETING DESIGN REQUIREMENTS

Given the relative lack of commercialized delivery solutions in the 2 mL and greater, high-viscosity space compared with the ≤1 mL space, biopharmaceutical companies developing combination products with drug delivery devices face important challenges, especially because increases in volume and viscosity may

#### FIGURE 1

## Key design space parameters are evolving for chronic subcutaneous drug delivery



push device design constraints towards unacceptable limits (Figures 1 & 2).<sup>2</sup> Competing requirements, such as injection time, injection force, ergonomics, patient comfort, and system reliability thus provide a formidable challenge for delivery system designers.<sup>3,5,9,10</sup> For example, to achieve an acceptable injection time with a higher volume or viscous solution, a higher injection force is often required, which in turn must be reconciled with system reliability over the intended shelf life. A higher injection force may be achieved by increasing the spring force, resulting in greater pressure within the system, which may challenge performance over the shelf life elevating the importance of integration among components as a critical factor in achieving reliable system performance. Higher volume or higher viscosity drugs can increase the system integration challenge.

Further complicating device selection and integration is the development stage at which the primary container is chosen, typically before Phase 3, to allow time for stability testing, and prior to development of the delivery system.<sup>11</sup>

The primary container serves important functions, including storing and aiding delivery of the drug product. Therefore, the primary container should not only be compatible with the drug product, but it should also enable the delivery system (such as an autoinjector) to meet delivery requirements. To maintain maximum flexibility in the context of a rapidly evolving market for biologics, biopharmaceutical companies may wish to select a primary container and stopper that work well with a number of secondary delivery systems to help support lifecycle management, or to leverage a single packaging or delivery platform for multiple drug products. Unfortunately, not all primary containers and stoppers are compatible or well-integrated with complex self-injection systems.9

Biopharmaceutical companies will

face some or all of these uncertainties as they define new systems to deliver their high-volume or high-viscosity formulations. Preventable device-related pressure points that could lead to delayed timelines include the following:

- Poor performance or reliability of the combination product caused by poor fit at component interfaces or degradation over time;
- Failure to achieve regulatory approval on time, due to issues with combination product functionality for its intended use; and
- High reject rate during industrial scaleup, leading to project delays while resolving the problem.

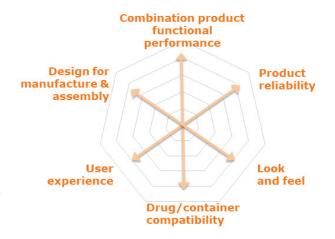
#### FIGURE 2

### During drug formulation and combination product development, tradeoffs may be required

Considerations in combination product development\*

- Clinical efficacy
- Concentration
- Injection frequency
- Stability
- Usability
- User perception
- Administration regimen
- Device maturity and availability

#### **Potential tradeoffs**



\*related to duration of injection, needle size, volume and viscosity

#### DE-RISKING DELIVERY DEVICE DEVELOPMENT - BEST PRACTICES

There are a number of steps that can help de-risk the process of choosing the primary container and the delivery system for higher volume or higher viscosity biologics.

#### Anticipate

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Consider all drug delivery requirements early in development. This includes target tissue, frequency of administration, dose volume and viscosity, patient capabilities and preferences, market standards for drug administration, drug-container compatibility, primary container geometry, and fit with desired delivery systems.

#### **Consider All Requirements Up Front**

Having an incomplete picture of key requirements for both the primary con-

tainer and the delivery system can cause challenges later in development - in Phases 2b or 3, registration, launch, and life cycle management - which can be difficult to resolve while holding to both timeline and budget.

#### Choose an Experienced Device Development Team

The core project team should be well connected and should include cross-functional representation, such as formulations, primary packaging, delivery device, commercial, clinical, quality, regulatory, pharmaceutical development, medical affairs, and manufacturing that can ask insightful and experience-based questions and drive robust decision making throughout product development.

#### Select Critical Components of the Combination Product Based on Combined Requirements

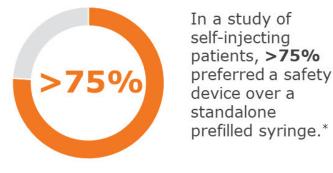
Testing is conducted using the full system consisting of drug, primary container, stopper, and delivery system. Fit and functionality between the various constituents should be carefully evaluated for performance and reliability before the selection of components is finalized. Unfortunately, allowing sufficient time for thorough evaluation is not always possible due to the complex and iterative nature of system evaluations. Some parameters are often fixed (eg, dose volume and viscosity, or prefillable syringe type, if selected in early Phase 2), while others are not. If the delivery system doesn't function as intended, components may need to be adjusted or replaced or, in extreme cases, selection of an entirely different system may need to occur, thereby affecting the project timeline and budget. In addition, parts may come

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#### FIGURE 3

#### Needle shielding systems offer value in the home setting as well as the health care setting

#### Ergonomic, needle shielding features are preferred by patients



\* BD autoinjector patient preference qualitative research, n=29 self-injection experienced patients, September 2016

from multiple suppliers, requiring a potentially more intensive effort to coordinate system level evaluations.

#### CHOOSING A PARTNER TO HELP MANAGE COMPLEXITY

Project complexity and the risks associated with developing combination products for biologics may be reduced by partnering with a device manufacturer with a high level of primary container and secondary packaging experience and who understands the most sensitive integration points. Risk can be further reduced if that partner adopts a "quality by design" philosophy in developing primary containers and delivery systems that function together. Beyond effective integration, data and support services are also critical components of success in developing combination products. For biopharmaceutical companies, having additional data that complements the combination product regulatory submission can reduce the quantity of testing required and can also provide assurance of meeting delivery system requirements, while helping to de-risk the overall development process.

#### DRUG DELIVERY SYSTEMS: A CHECKLIST FOR SUCCESS

What are the components of a successful biologic drug delivery system? First, it should be user-friendly (Figure 3), meaning that it has been successfully tested with diverse target user groups, including patients with varying capabilities and characteristics, if intended for self-injection.<sup>3</sup> A drug delivery system should also incorporate experience from commercialized solutions that are broadly used in the market, which can potentially reduce risk when incorporated into combination products. Finally, the system should be robust, effectively integrated, and compatible with established primary containers for biologics. Addressing these criteria can increase the likelihood of compatibility with the drug, and of the combination product's reliable performance throughout launch and commercialization.

#### BD ULTRASAFE PLUS<sup>™</sup> 2.25 ML PASSIVE NEEDLE GUARD: PART OF A FULL-SOLUTION APPROACH FOR BIOLOGICS

BD UltraSafe Plus<sup>™</sup> 2.25 mL is now available to address biologic drug delivery needs, and together with prefillable syringes is capable of delivering up to 2 mL and 30 cP solutions.<sup>8</sup> An ergonomic manual injection system with passive needle shielding, its design is similar to the BD UltraSafe Passive<sup>™</sup> and BD UltraSafe Plus<sup>™</sup> 1 mL needle guards, of which more than 1 billion units have been sold since 2010.<sup>12</sup> The BD UltraSafe<sup>™</sup> product family has a history of commercial use by both healthcare providers and patients, and has been used in a wide variety of therapeutic settings.<sup>12</sup>

A human factors validation study has shown that injections given with BD Ultra-Safe Plus<sup>™</sup> 2.25 mL can be successful and sufficiently acceptable up to 2 mL and 30 cP\*.7 The study, conducted with a broad range of users including dexterity-challenged patients, found the system to be usable across all studied viscosities. There was no decline in usability results from 1 cP to 18 cP and up to 30 cP. With a 30 cP solution, the rate of full-dose delivery was still high, at 95% of injections fully delivered. Upon full-dose delivery into an injection pad, the needle guard was consistently activated. More than 95% of users were confident or very confident that the activated BD UltraSafe Plus™ safety mechanism would protect them from

needlestick injuries\*\*.

- \* When tested with a standard syringe for viscous biologics, the BD Neopak<sup>™</sup> 2.25 mL Glass Prefillable Syringe with a 27G special thin wall 12.7 mm needle.
- \*\* Rated on a Likert scale of 1 to 6, from "Not At All Confident" to "Very Confident."

#### COMPATIBLE WITH A LEADING PRIMARY CONTAINER FOR BIOLOGICS

BD UltraSafe Plus<sup>™</sup> 2.25 mL is compatible with a platform solution for biologics, the BD Neopak<sup>™</sup> 2.25 mL prefillable syringe.<sup>13</sup> The BD Neopak<sup>™</sup> Glass Prefillable Syringe platform benefits from an optimized manufacturing process to become BD's highest standard in prefillable syringes, helping to de-risk biologic drug development and time to market. Through quality by design, process control, and system interface specifications, BD Neopak<sup>™</sup> supports autoinjector compatibility.<sup>14-16</sup> This may help enable cost and time savings in developing a single primary container that may fit with multiple systems, when several different secondary delivery formats may be desired. The BD Neopak<sup>™</sup> 2.25 mL provides the flexibility required to be leveraged as a platform solution.

Additionally, the BD Neopak<sup>™</sup> platform technology is designed to ensure robust compatibility and reliable performance with BD self-injection systems, such as the BD Intevia<sup>™</sup> 1 mL and 2.25 mL twostep Disposable Autoinjectors \*\*\*.

\*\*\* BD Intevia<sup>™</sup> 2.25 Disposable Autoinjector is a product in development; some statements are forward looking and are subject to a variety of risks and uncertainties. BD Intevia<sup>™</sup> Disposable Autoinjectors are device components intended for drug-device combination products and not subject to FDA 510(k) clearance or separate EU CE mark certification.

#### FIGURE 4

#### Facilitating ease of assembly

- Close collaboration with machine makers to help ensure that designs support highspeed assembly
- Validated for assembly with extensive global installed base of assembly machines



BD UltraSafe Plus™1 mL

 Assembly steps replicated across the BD UltraSafe<sup>™</sup> passive needle guard family

 Assembly guidance provided to pharma companies and their partners (CMO's and machine makers)

BD UltraSafe Plus™ 2.25 mL

#### ULTRA-THIN WALL, 8 MM NEEDLE TECHNOLOGY – ENHANCING BD ULTRASAFE PLUS™ PERFORMANCE

The newly developed BD Neopak™ XtraFlow<sup>™</sup> Glass Prefillable Syringe<sup>®</sup> been designed to improve the subcutaneous delivery of drugs with high viscosities by enhancing the injection experience through a reduction in injection effort or time.<sup>7,17,18</sup> BD recently tested the benefits of the BD UltraSafe Plus™ 2.25 mL needle guard in combination with the BD Neopak<sup>™</sup> XtraFlow<sup>™</sup> (8mm, 27G ultrathin wall needle) prefillable syringe.<sup>19</sup> More than 120 injections of a 30 cP solution were simulated in a human factors study. Directional results indicate that subjects perceived a reduction in the force needed to push the plunger during injection when using BD UltraSafe Plus™ 2.25 mL and BD Neopak™ XtraFlow™ 2.25 mL together. The percentage of users who rated the plunger as "easy or very easy to push" more than doubled from 15% (standard syringe) to 41% (BD Neopak XtraFlow<sup>™</sup> syringe)<sup>↑</sup>↑ UltraSafe Plus mL passive needle guard, when combined with BD Neopak™ XtraFlow™ prefillable syringe, may provide a better experience for end users, including self-injecting patients.

- ₱ Neopak™ XtraFlow™ Glass Prefillable Syringes are products in development; some statements are forward looking and are subject to a variety of risks and uncertainties.
- PAT Rated on a Likert scale of 1 to 6, from "Very Difficult" to "Very Easy."

#### REDUCE YOUR RISK FROM DEVELOPMENT TO SCALE-UP

At BD, we leverage our primary container expertise and extensive experience in prefillable syringes to develop drug delivery systems that perform reliably against stringent performance standards and requirements.<sup>20</sup> Incorporating this expertise into combination product development can reduce the likelihood that integration issues will occur during development, at scale-up, or after commercial launch.

BD undertakes important steps that help to ensure that the assembly process of combination products involving several different components can be scaled up with the requisite speed and quality, while minimizing waste. Careful attention to the design of the assembly process addresses an important risk point for biopharmaceutical companies that depend on the smooth integration of the primary container and secondary delivery system at speed and during industrialization.<sup>21</sup> With the design of BD UltraSafe Plus<sup>™</sup> 2.25 mL, BD aims to decrease assembly risk for our biopharmaceutical partners to help shorten the high-speed assembly start-up curve, reduce costs, and lower the risk of on-market failures (Figure 4).

#### **BD: A FULL-SOLUTION PARTNER**

BD offers services and data that complement biopharmaceutical partners' combination product development capabilities and expertise (Figure 5). This includes assembly guidance, combination product testing services, designs validated with thorough and rigorous human factors testing, validated platform IFUs (instructions for use), and access to small development quantities and regulatorycompliant data packages through the BD

#### FIGURE 5



PartnerPath<sup>™</sup> program.<sup>22</sup> These services aim to help our partners limit development complexities related to primary containers and secondary delivery systems, and to reduce risk to timelines and cost.

#### EXTEND YOUR OPTIONS WITH THE BD ULTRASAFE PLUSTM 2.25 ML PASSIVE NEEDLE GUARD

BD UltraSafe Plus<sup>™</sup> 2.25 mL passive needle guard is an ergonomic accessory for manual injection that can complement biopharmaceutical companies' total offering to address patients' needs in both manual injector and autoinjector formats, and can help support the market launch of viscous (up to 30 cP) 2 mL drug therapies. With extensive experience in the end-to-end integration of combination products and a platform approach based on BD Neopak<sup>™</sup> 2.25 mL, BD offers capabilities, experience, and a suite of solutions, including the BD UltraSafe Plus<sup>™</sup> 2.25 mL passive needle guard, to companies seeking to minimize the risk and optimize the success of their high-volume, high-viscosity biologic therapies. ◆

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#### Nicolas Bralet is



Worldwide Safety Platform Leader at BD Medical-Pharmaceutical Systems, responsible for the performance of the safety platform. He defines and implements the safety strategy, the portfolio of product and process developments, and handles end-to-end business management. Mr. Bralet has been with

BD for 24 years, previously holding positions in the Technical Services, Marketing and R&D Departments. He earned his engineering degree at l'Institut National Polytechnique (INP) in Grenoble, France, with specializations in physical chemistry and industrial engineering.



Megan Lan leads Global Marketing for the safety portfolio of BD Medical-Pharmaceutical Systems. She provides commercial leadership to BD's delivery system platforms and defines, develops and launches patient-centered selfinjection and safety systems, in collaboration with cross-functional,

commercial and regional teams. She has also developed pen injectors and autoinjectors, and has participated in ISO committees to improve standards influencing patient safety and usability. Prior to joining BD, Ms. Lan served in public health and development with the Peace Corps in Central America, and worked in product development at Kimberly-Clark Corporation. She earned her MBA and MA at the University of Pennsylvania and has an undergraduate degree in Biomedical Engineering.

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